

Ohana 2012 Schedule

Friday - July 6th	Mat 1 Hibiscus Room	Mat 2 Hibiscus Room	Mat 3 Hibiscus Room	Mat 4 Hibiscus Room	Mat 5 Hibiscus Room	Mat 6 Hibiscus Room	Mat 7 Carnation Room
12:00 Noon	Registration at the Carnation Room!						
2:00 PM - 3:25 PM	Room Unavailable						Goshin Jutsu Prof. Ken Eddy
3:30 PM - 4:45PM							Tessen No Maki Prof. Janice Okamoto
4:50 PM - 6:00 PM							Kadena de Mano Eskrima knife Prof. Han Ingebretsen
6:00 PM - 9:00 PM	No Host Coctails at the Plumeria Room - Cocktails Only - No Food						Open for Practice
9:00 PM tp ?	Hospitalily Suite Open						
Saturday, July 7th	Mat 1 Hibiscus Room Ages 12 - 17	Mat 2 Hibiscus Room	Mat 3 Hibiscus Room	Mat 4 Hibiscus Room	Mat 5 Hibiscus Room	Mat 6 Hibiscus Room Ages 5-12	Mat7 Carnation Room
7:30 AM to 8:00 AM	Opening Ceremonies in the Hibiscus Room						
	Teens	Adults	Adults	Adults	Adults	Juniors	Massage Tables
8:20 AM to 9:30 AM	Conditioning Rolls and Falls Randy Carrasco, Sensei	Oku No Kata Prof. Kevin Dalrymple	Tanju No Maki Prof. Ken Eddy	Koroshi Sensei Scott Horiuchi	Secrets of Better Nage Applications Prof. JohnCongistre	Juniors Coordination and Conditioning drills Shihan Dave Parker	Philosophy and Esoteric Principles Prof. Sam Luke
9:35 AM - 10:45 AM	Teens Nage Prof. Carlos Gallegos	TBA Prof. Rory Rebmann	Fujin Goshin Prof. Harold Horiuchi	Nage Archeology Prof. Dale Kahoun	Jujitsu - Ne Waza Prof. Hans Ingebretsen	Yawara for Kids Sue Jennings	FAST FIXES FOR LOW BACK PAIN " Gary Jones
10:50 AM - 12:00 AM	Teens Mat Work - Ne Waza Olohe Kainoa Li	Shime No Kata Prof. Kevin Dalrymple	Tieing Techniques Prof. Stephen Nichols	Keisatsu - Police Techniques Sensei Bob Reish	Knots and Ropes Defense using rope or obi Prof. Ron Jennings	Nage for Kids Prof. Mel Cansibog	
12:00 PM - 1:PM	Lunch Break						
	Adults	Adults	Adults	Adults	Adults	Teens and Kids	
1:00 PM - 2:10 PM	DZR Yawara with a Tibetan martial arts spin Prof. Herb LaGue	Fusegi Jutsu Prof. George Arrington	Honbo No Maki Prof. Ken Eddy	Kakie-Okinawan Karate Shihan Dave Parker	Small Circle Jujitsu Prof. Janice Okamoto	Karate for Kids Shihan Irene Swanson	TBA Prof. Zane Graham
2:15 PM to 3:25 PM	TBA Sue Jennings, Sensei	Kiai Jutsu Prof. Tony Janovich	History & Progression of Jujitsu Prof. Richard Bunch	Karate - (Nihon) Prof. Glenn Medici	Yawara - Seeing the Bones Prof. Tom Ryan	Mat Work for Kids Sensei Sean Moro Kids dismissed after this class.	Kappo - Japanese Restoration Bob Reish
3:30 PM - 5:00 PM	Shinyo No Maki Black Belts Only! Prof. Jim Lambert	Shinnin No Maki Prof. Kevin Colton	Women's Self Defense Prof. Ron Jennings	Ken Ju Ryu Shihan Russ Rhodes	Aikido Techniques Sensei Monte Scates	Hawaiian Lua Bruce Keaulani	
6:00 PM - 9:00 PM	Pupu Reception - Hibiscus Room - Mat 1,2,3 Area - No Host Cocktails Light Hors d'oeuvres (Finger Foods) Only!						Open for Practice
9:00 PM tp ?	Hospitalily Suite Open						
Sunday, July 8th							
8:00 AM - 2:00 PM	Karate Contest - Mats 1,2,3 Jujitsu Contest - Mats 4,5,6						
2:00 PM - 4:30 PM	Okazaki Gravesite Visit Bus transportation will be provided both to and from the graveyard. Please be prompt.						
6:00 PM - 9:30 PM	Awards Banquet - Hibiscus Room						
9:30 PM to ?	Hospitalily Suite Open						
Monday, July 9th							
7:30 AM - 10:00 AM	Continental Breakfast - Invitation Only - Plumeria Room Followed by Ohana Alliance Meeting						